

INTENSE PULSED LIGHT (IPL)

OVERVIEW AND CONSENT



Skin Solutions

IPL is a treatment that dramatically reduces redness, pigmentation and pore size. It stimulates collagen and gives an overall rejuvenated glow to the patient's skin. The body's natural process then removes the injured tissue giving the skin a more even tone and texture, and a more youthful appearance. **To achieve optimal results, this treatment should be done in a series of 3-6.**

BENEFITS

- Reduced pigment
- Reduced redness
- Improved tone
- Reduced broken capillaries
- Refined pores

POTENTIAL COMPLICATIONS

(but not limited to)

- Pain
- Post treatment redness
- Bruising
- Swelling
- Darkening of pigment
- Underlying pigment surfacing
- Scarring
- Blistering

CONTRAINDICATIONS FOR TREATMENT

- Recent sunburn or suntan
- No use of tetracycline, minocycline, doxycycline, or erythromycin in last month
- Unprotected sun exposure or use of a tanning bed
- Pregnancy
- Breastfeeding
- Cancer
- Lupus
- Hypopigmentation (e .g., vitiligo)
- History of seizures

WHAT TO EXPECT POST-TREATMENT

- Most patients experience minimal to no side effects post IPL. However, it is possible you may experience redness, swelling, darkening of pigment, or bruising.
- Apply cold compresses if necessary to help with any discomfort or swelling.
- Some sun and age spots may darken; this is perfectly normal and expected.
- Do not pick at your skin post treatment or while healing.

HEALING CONCERNS

If you have any concerns, please contact Skin Solutions immediately.

EFFICACY FOR TREATMENT

Because all individuals are different, it is not possible to completely predict results. Some patients will have very noticeable improvement, while others may have little or no improvement.

POST-TREATMENT CARE

FIRST FEW DAYS

Continue cleansing and moisturizing over the next few days and be diligent with the application and re-application of sunscreen if you are exposed to the sun.

FIRST WEEK

Keep treated area clean; avoid smoking, excessive alcohol consumption, excessive exercise, perspiring, swimming, or exposing skin to heat and sun.

CRITICAL SUN PROTECTION

Follow the specific instructions of your aesthetician after treatment. In general, apply and re-apply sunscreen, avoid direct sun exposure, and wear protective hats and clothing. Diligent sunblock use may lower the risk of laser-induced hyperpigmentation (darker color).

WHAT TO AVOID

Scrubs, Toners, Glycolic Acid, and Retinol: Your skin will be sensitive for the first week or so after treatment.

Bleaching Creams: Discontinue use of your bleaching cream while your skin is tender. Restart your bleaching cream and other skin care products when instructed to do so by your aesthetician.

Waxing: You should not do any waxing of the treated area until 4 weeks after treatment.

PATIENT CONSENT

By signing this consent, I certify that I understand the risks involved in getting IPL and give permission to Skin Solutions to perform this treatment on me. I also agree to pay this cost.

PRICE: \$ _____

PRINTED NAME: _____

SIGNATURE: _____

DATE: _____



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