

PHOTOFRACTIONAL

OVERVIEW AND CONSENT



Skin Solutions

Photofractional is the innovative treatment that combines IPL and ResurFX. IPL is a treatment that dramatically reduces redness, pigmentation and pore size. It stimulates collagen and gives an overall rejuvenated glow to the patient's skin. The body's natural process then removes the injured tissue giving the skin a more even tone and texture, and a more youthful appearance. ResurFX is fractionated non ablative laser resurfacing treatment. It essentially creates zones of heat in the skin, replacing damaged skin with healthy, younger looking tissue. **To achieve optimal results, this treatment should be done in a series of 3-6.**

BENEFITS

- Reduced pigment
- Reduced redness and broken capillaries
- Improved tone and refined pores
- Softened fine lines and wrinkles
- Increased collagen production
- Improvement in acne scarring

POTENTIAL COMPLICATIONS

(but not limited to)

- Discomfort/Redness
- Potential infection and/or itching
- Acne or milia formation
- Blisters, burns or scabs
- Scarring or pigment changes

CONTRAINDICATIONS FOR TREATMENT

- Current use of Accutane or use within a year
- Predisposition to keloid formation or excessive scarring
- No use of tetracycline, minocycline, doxycycline, or erythromycin in last month
- Any history of vitiligo, scleroderma or collagen disorders
- Radiation treatment or skin cancer
- Psoriasis of the face
- Pregnancy or breastfeeding

WHAT TO EXPECT POST-TREATMENT

- Immediately after your treatment the skin will feel hot. Your practitioner will assist you with cooling the skin; it may still feel like a mild to moderate sunburn for a few hours.
- **DAY 1:** Skin may be mildly swollen, particularly around the eyes. Swelling is normal and expected. Wash with gentle cleanser twice a day; apply gentle moisturizer as needed, and sunscreen. Mineral makeup can be used if desired. It is ok to apply cold compress (water and clean washcloth) for comfort 2-3 times daily.
- **DAY 2:** Skin might feel rough. Continue with gentle wash twice daily, moisturizer as needed, and use sunblock daily. Makeup can be used as desired.
- **DAY 3:** Mild flaking is expected and normal. Avoid scrubbing or picking dry skin, as it may result in irritation and compromise the overall result. Continue with gentle cleanser twice daily, moisturize as needed, and use daily sunblock. Makeup can be used if desired.
- **DAY 4:** Skin will still appear dry and mild peeling will continue. Avoid picking and scrubbing. Continue with gentle cleanser twice daily, moisturize as needed, and use sunblock.
- **DAY 5:** Mild peeling probably will be almost completely resolved. Skin will feel softer, yet may be sensitive to sunlight. Use sunblock daily, and you may resume retinals, AHA 's, and Vitamin C if you choose.

HEALING CONCERNS

If you have any concerns, please contact Skin Solutions immediately.

POST-TREATMENT CARE

FIRST WEEK

Keep treated area clean; avoid smoking, excessive alcohol consumption, excessive exercise, perspiring, swimming, or exposing skin to heat and sun.

CRITICAL SUN PROTECTION

Follow the specific instructions of your aesthetician after treatment. In general, apply and re-apply sunscreen, avoid direct sun exposure, and wear protective hats and clothing. Diligent sunblock use may lower the risk of laser-induced hyperpigmentation (darker color).

WHAT TO AVOID

Active Products: During the healing process (3-5 days) avoid all the following: Any form of retinal, hydroquinone, salicylic/glycolic/lactic acid, Vitamin C, or Benzoyl Peroxide. Do not use anything abrasive during the healing process as premature removal of dead skin may compromise overall results.

Scrubs, Toners, Glycolic Acid, and Retinol: Your skin will be sensitive for the first week or so after treatment.

Bleaching Creams: Discontinue use of your bleaching cream while your skin is tender. Restart your bleaching cream and other skin care products when instructed to do so by your aesthetician.

Waxing: You should not do any waxing of the treated area until 4 weeks after treatment.

EFFICACY FOR TREATMENT

Because all individuals are different, it is not possible to completely predict results. Some patients will have very noticeable improvement, while others may have little or no improvement.

PATIENT CONSENT

By signing this consent, I certify that I understand the risks involved in getting Photofractional and give permission to Skin Solutions to perform this treatment on me. I also agree to pay this cost.

PRICE: \$ _____

PRINTED NAME: _____

SIGNATURE: _____

DATE: _____



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