



Fraxel is a non-ablative fractionated laser. It essentially creates thousands of microscopic zones in your skin, replacing damaged skin with healthy, younger looking tissue. **To achieve optimal results, this treatment should be done in a series of 3-5.**

### BENEFITS

- Reduction in pigment
- More even skin tone
- Refined pores
- Reduction in fine lines and wrinkles
- Improvement in texture
- Increased collagen production

### POTENTIAL COMPLICATIONS

(but not limited to)

- Discomfort
- Redness and swelling
- Itching
- Potential infection
- Delayed healing
- Acne or miliaformation
- Herpes Simplex reactivation
- Bleeding, oozing or crusting
- Blisters, burns or scabs
- Scarring and or pigment changes

### CONTRAINDICATIONS FOR TREATMENT

- Current use of Accutane or use within a year
- Predisposition to keloid formation or excessive scarring
- No use of tetracycline, minocycline, doxycycline, or erythromycin in last month
- Any history of vitiligo, scleroderma or collagen disorders
- Radiation treatment or skin cancer
- Psoriasis of the face
- Pregnancy or breastfeeding

### WHAT TO EXPECT POST-TREATMENT

- Immediately after the treatment, you will experience redness, swelling and sometimes pinpoint bleeding.
- Apply cold compresses to the treatment area for 10-20 minutes of every hour (or more) on the day of treatment, until you go to bed.
- Heat sensation can be intense for the following 2 -3 hours after the procedure.
- Over the next few days, redness usually worsens.
- You may also notice that your skin appears bronzed or little dark dots will appear on the treated area. You may notice a "sandpaper" texture a few days after treatment.
- This dead skin and pigment is a normal result of laser treatment, and should start sloughing off 3- 4 days after the treatment.
- Once the sloughing is complete, you may notice some pinkness over the next few weeks.
- Flare-up of acne or formations of milia (tiny white bumps on the skin) may occur 2-3 weeks post-treatment. These symptoms are not unusual and can be easily resolved.

### POST-TREATMENT CARE

#### FIRST FEW DAYS

Continue cleansing and moisturizing over the next few days and be diligent with the application and re-application of sunscreen if you are exposed to the sun.

#### FIRST WEEK

Keep treated area clean; avoid smoking, excessive alcohol consumption, excessive exercise, perspiring, swimming, or exposing skin to heat and sun.

#### CRITICAL SUN PROTECTION

Follow the specific instructions of your aesthetician after treatment. In general, apply and re-apply sunscreen, avoid direct sun exposure, and wear protective hats and clothing. Diligent sunblock use may lower the risk of laser-induced hyperpigmentation (darker color).

#### WHAT TO AVOID

**Scrubs, Toners, Glycolic Acid, and Retinol:** Your skin will be sensitive for the first week or so after treatment.

**Bleaching Creams:** Discontinue use of your bleaching cream while your skin is tender. Restart your bleaching cream and other skin care products when instructed to do so by your aesthetician.

**Waxing:** You should not do any waxing of the treated area until 4 weeks after treatment.

#### HEALING CONCERNS

If you have any concerns, please contact Skin Solutions immediately.

#### EFFICACY FOR TREATMENT

Because all individuals are different, it is not possible to completely predict results. Some patients will have very noticeable improvement, while others may have little or no improvement.

### PATIENT CONSENT

By signing this consent, I certify that I understand the risks involved in getting Fraxel and give permission to Skin Solutions to perform this treatment on me. I also agree to pay this cost.

**PRICE:** \$ \_\_\_\_\_

**PRINTED NAME:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_



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