



Firm + Glow combines IPL (Intense Pulsed Light) and Vivace® RF Microneedling to help improve your skin texture and brighten your skin complexion.

## BENEFITS

- Reduced fine lines and wrinkles
- Stimulated collagen and elastin production
- Tightened skin
- Minimized pore size
- Minimized appearance of scarring
- Improved skin texture and tone
- Reduced pigment
- Reduced redness
- Reduced broken capillaries

## POTENTIAL COMPLICATIONS

(but not limited to)

- Local pain
- Redness
- Welt-like swelling
- Burns, scabs, or blisters
- Pinpoint bleeding
- Change of pigment

## CONTRAINDICATIONS FOR TREATMENT

- Keloid or raised scarring
- History of eczema or psoriasis on the area to be treated
- History of diabetes
- Scleroderma
- Collagen vascular diseases
- Blood clotting disorders
- Scars less than 6 months old
- Recent unprotected sun exposure or artificial tanners
- No use of tetracycline, minocycline, doxycycline, or erythromycin in last month
- Pregnancy
- Breastfeeding
- Cancer
- Lupus
- Hypopigmentation (e.g., vitiligo)
- History of seizures

## WHAT TO EXPECT POST-TREATMENT

- Immediately after the treatment, you may experience redness, swelling and sometimes pinpoint bleeding.
- To alleviate any discomfort you can apply cold compresses to the treatment area for 10-20 minutes of every hour (or more) on the day of treatment.
- Heat sensation can be intense for the following 2 -3 hours after the procedure.
- Over the next few days, redness may worsen.
- You may also notice that your skin appears bronzed or little dark dots will appear on the treated area. You may notice a "sandpaper" texture a few days after treatment.
- Flare-up of acne or formations of milia (tiny white bumps on the skin) may occur 2-3 weeks post-treatment. These symptoms are not unusual and can be easily resolved.

## HEALING CONCERNS

If you have any concerns, please contact Skin Solutions immediately.

## EFFICACY FOR TREATMENT

Because all individuals are different, it is not possible to completely predict results. Some patients will have very noticeable improvement, while others may have little or no improvement.

## POST-TREATMENT CARE

### FIRST 12 HOURS

Only apply the post-procedure serum.

### FIRST FEW DAYS

Use a gentle cleanser and moisturizer over the next few days and be diligent with the application and re-application of sunscreen if you are exposed to the sun.

### FIRST WEEK

Keep treated area clean; avoid smoking, excessive alcohol consumption, excessive exercise, perspiring, swimming, or exposing skin to heat and sun.

## CRITICAL SUN PROTECTION

Follow the specific instructions of your aesthetician after treatment. In general, apply and re-apply sunscreen, avoid direct sun exposure, and wear protective hats and clothing. Diligent sunblock use may lower the risk of laser-induced hyperpigmentation (darker color).

## WHAT TO AVOID

**Scrubs, Toners, Glycolic Acid, and Retinol:** Your skin will be sensitive for the first week or so after treatment.

**Bleaching Creams:** Discontinue use of your bleaching cream while your skin is tender. Restart your bleaching cream and other skin care products when instructed to do so by your aesthetician.

**Histamine reaction:** Be mindful of animal interaction during the first 24 hours.

**Waxing:** You should not do any waxing of the treated area until 4 weeks after treatment.

## PATIENT CONSENT

By signing this consent, I certify that I understand the risks involved in getting Firm + Glow and give permission to Skin Solutions to perform this treatment on me. I also agree to pay this cost.

PRICE: \$ \_\_\_\_\_

PRINTED NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_



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