

CHEMICAL PEEL

OVERVIEW AND CONSENT



Skin Solutions

A chemical peel can be used to treat many skin issues like acne, fine lines, wrinkles and hyperpigmentation. As a form of chemical exfoliation, a peel allows your skin to shed off a layer, making room for new, healthier skin.

BENEFITS

- Improved texture
- Reduced fine lines and wrinkles
- Refined pores
- Improved tone

POTENTIAL COMPLICATIONS

(but not limited to)

- Prolonged redness
- Scarring
- Increased sun sensitivity
- Prolonged healing
- Infection
- Substantial contrast in coloration of the treated area
- Acne flare up

CONTRAINDICATIONS FOR TREATMENT

- Accutane within the past year
- Retinol within the past 7 days
- Pregnant or breastfeeding
- Allergy to aspirin
- Sunburned or compromised skin
- Permanent cosmetics within 7 days
- Active cold sores or Rosacea
- Facial waxing within the past 72 hours

WHAT TO EXPECT POST-TREATMENT

- Immediately after your peel, you may be very red.
- You may experience a heat sensation similar to a mild-severe sunburn.
- Your skin may feel itchy and or tight.
- Within the first 2 weeks post peel, you may experience an acne flare up, which will resolve on its own.

DEPENDING ON THE DEPTH OF YOUR PEEL

While this handout provides general after-care instructions, **make sure to follow specific instructions given to you by your aesthetician with regard to the peel you received.**

HEALING CONCERNS

If you have any concerns, please contact Skin Solutions immediately.

EFFICACY FOR TREATMENT

Because all individuals are different, it is not possible to completely predict results. Some patients will have very noticeable improvement, while others may have little or no improvement.

POST-TREATMENT CARE

FIRST FEW DAYS

Only use a gentle cleanser, moisturizer and SPF as needed.

FIRST WEEK

Keep treated area clean; avoid smoking, excessive alcohol consumption, excessive exercise, perspiring, swimming, or exposing skin to heat and sun.

CRITICAL SUN PROTECTION

Follow the specific instructions of your aesthetician after treatment. In general, apply and re-apply sunscreen, avoid direct sun exposure, and wear protective hats and clothing. Diligent sunblock use may lower the risk of laser-induced hyperpigmentation (darker color).

WHAT TO AVOID

Scrubs, Toners, Glycolic Acid, and Retinol: Your skin will be sensitive for the first week or so after treatment, potentially longer for deeper peels.

Bleaching Creams: Discontinue use of your bleaching cream while your skin is tender. Restart your bleaching cream and other skin care products when instructed to do so by your aesthetician.

Waxing: You should avoid waxing the treated area for at least one week.

PATIENT CONSENT

By signing this consent, I certify that I understand the risks involved in getting a chemical peel and give permission to Skin Solutions to perform this treatment on me. I also agree to pay this cost.

PRICE: \$ _____

PRINTED NAME: _____

SIGNATURE: _____

DATE: _____



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