

# BRIGHT AND TIGHT

## OVERVIEW AND CONSENT



## Skin Solutions

Bright and Tight is the innovative treatment that combines **Clear + Brilliant** and **Vivace Microneedling**. This treatment brightens up dull and uneven tone and creates a purposeful injury to produce collagen that results in younger looking skin. **To achieve optimal results, this treatment should be done in a series of 3-6.**

### BENEFITS

- Brighter skin
- Refined pores
- Reduction in fine lines and wrinkles
- Improved texture
- Collagen production

### POTENTIAL COMPLICATIONS

(but not limited to)

- Redness
- Discomfort
- Minor swelling or welts
- Itching/dryness
- Increased skin sensitivity

### CONTRAINDICATIONS FOR TREATMENT

- Recent sun exposure
- Use of Accutane in the last year
- Pregnancy or nursing
- Facial injections in the past 2 week
- Use of retinol in the last 7 days
- Compromised immune system
- Known sensitivity to light or if photosensitizing agents/medications are being taken

### WHAT TO EXPECT POST-TREATMENT

- Immediately after the treatment, you will experience redness, swelling and sometimes pinpoint bleeding.
- Apply cold compresses to the treatment area for 10-20 minutes of every hour (or more) on the day of treatment, until you go to bed.
- Heat sensation can be intense for the following 2 -3 hours after the procedure.
- Over the next few days, redness usually worsens.
- You may also notice that your skin appears bronzed or little dark dots will appear on the treated area. You may notice a "sandpaper" texture a few days after treatment.
- This dead skin and pigment is a normal result of laser treatment, and should start sloughing off 3 - 4 days after the treatment.
- Once the sloughing is complete, you may notice some pinkness over the next few weeks.
- Flare-up of acne or formations of milia (tiny white bumps on the skin) may occur 2-3 weeks post-treatment. These symptoms are not unusual and can be easily resolved.

### HEALING CONCERNS

If you have any concerns, please contact Skin Solutions immediately.

### EFFICACY FOR TREATMENT

Because all individuals are different, it is not possible to completely predict results. Some patients will have very noticeable improvement, while others may have little or no improvement.

### POST-TREATMENT CARE

#### FIRST 12 HOURS

Only apply the post-procedure serum.

#### FIRST FEW DAYS

Use a gentle cleanser and moisturizer over the next few days and be diligent with the application and re-application of sunscreen if you are exposed to the sun.

#### FIRST WEEK

Keep treated area clean; avoid smoking, excessive alcohol consumption, excessive exercise, perspiring, swimming, or exposing skin to heat and sun.

### CRITICAL SUN PROTECTION

Follow the specific instructions of your aesthetician after treatment. In general, apply and re-apply sunscreen, avoid direct sun exposure, and wear protective hats and clothing. Diligent sunblock use may lower the risk of laser-induced hyperpigmentation (darker color).

### WHAT TO AVOID

**Scrubs, Toners, Glycolic Acid, and Retinol:** Your skin will be sensitive for the first week or so after treatment.

**Bleaching Creams:** Discontinue use of your bleaching cream while your skin is tender. Restart your bleaching cream and other skin care products when instructed to do so by your aesthetician.

**Histamine reaction:** Be mindful of animal interaction during the first 24 hours.

**Waxing:** You should not do any waxing of the treated area until 4 weeks after treatment.

### PATIENT CONSENT

By signing this consent, I certify that I understand the risks involved in getting Bright and Tight and give permission to Skin Solutions to perform this treatment on me. I also agree to pay this cost.

PRICE: \$ \_\_\_\_\_

PRINTED NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_



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